

MESSAGE FROM THE PRESIDENT MR. SÉBASTIEN ARSENAULT

COURONS MTL

It is with great enthusiasm that we welcome 32,000 participants to the 33rd edition of the Marathon Beneva de Montréal. After launching the season with the 21K de Montréal and its 7,500 runners, we are thrilled to see once again the passion for running expressed on such a large scale, at the very heart of our city.

All weekend long, Montreal will move to the rhythm of your strides. Whatever distance you take on, each step is a celebration: of effort, perseverance, and the joy of sharing a unique experience together. Our courses invite you to rediscover the city through its parks, riverbanks, and landmarks, in both a sporting and festive spirit.

The Marathon Beneva de Montréal is also a story of solidarity. This year, the *Run with Heart* charity program brings together nearly 60 organizations, carried forward by the energy and commitment of our runners. Behind every kilometer lies a cause that grows stronger and more visible because of you.

Thank you for contributing to this collective achievement, and for making Montreal's heart beat to the rhythm of your strides. Together, let's turn every step into a source of inspiration.

Of course, the success of an event like the Marathon Beneva de Montréal relies on the strength of the collective. We extend our deepest gratitude to all our volunteers for their unwavering dedication.

We also warmly thank Beneva, Action Sport Physio, Sports Experts, Quebec Breast Cancer Foundation, the City of Montreal, the Government of Quebec, Tourisme Montréal, the STM, and all our valued partners.

Wishing you all a great race!



Sébastien Arsenault
President, Courons MTL

