PRACTICAL GUIDE RUN WITH HEART PROGRAM

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If you have any questions, contact us at: cause@couronsmtl.com

THERE ARE THREE WAYS TO TAKE PART IN THE RUN WITH HEART PROGRAM:

1
FUNDRAISE INDIVIDUALLY

Partner with a charity and raise funds in your own name. Ideal if you're running solo and want to give extra meaning to your participation.

2
CREATE A TEAM AND FUNDRAISE TOGETHER

Register with friends, colleagues, or family members and choose a charity to support. Donations raised by each team member are added to the team's shared fundraising goal.

3
JOIN AN EXISTING TEAM

Join an existing team and contribute to fundraising efforts for the associated charity.

In all three cases, you can join the Run with Heart program directly when registering for one of the Marathon Beneva de Montréal distances, or afterward, once your registration is complete.

HOW TO JOIN THE RUN WITH HEART PROGRAM DURING DISTANCE REGISTRATION

1 Log in to your Marathon Beneva de Montréal Race Roster account

2 Click Register

3 A new page will open. Follow the registration steps until you reach the Run with Heart (optional) section
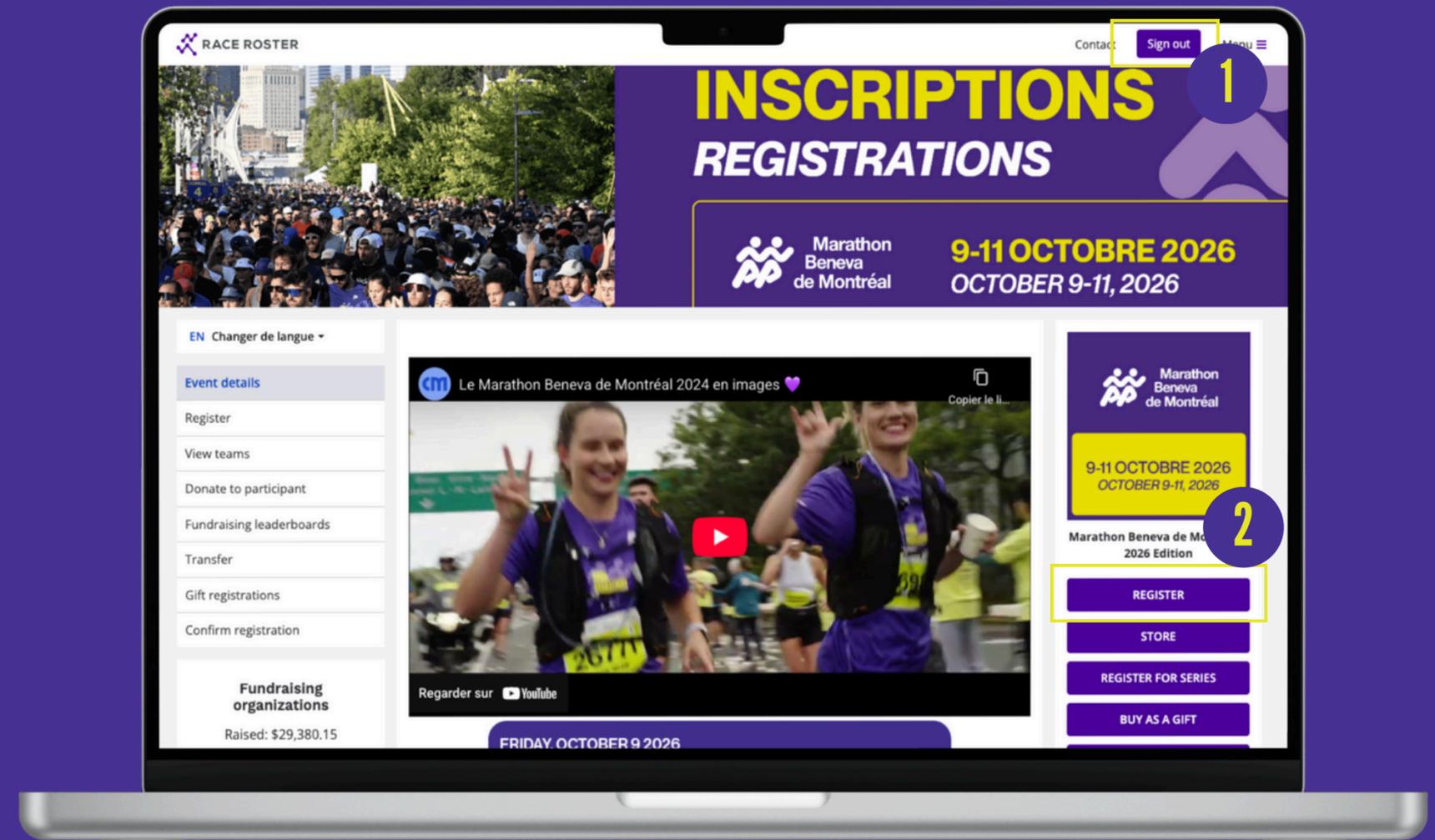
HOW TO JOIN THE RUN WITH HEART PROGRAM DURING DISTANCE REGISTRATION

4 Select I want to fundraise for the Run with Heart program

Donations are sent directly to the selected organization and are non-refundable.

5 In the Fundraising Settings section, provide the following:

- Your fundraising goal

- A message for people visiting your fundraising page

- Your preferred charity

Run with Heart (Optional)

Are you interested in raising funds through the Run with Heart program?

With its Run with Heart program, the Marathon Beneva de Montréal is proud to support a variety of causes. As a participant, we offer you the option to raise funds for one of these causes.

Following your registration, a personalized fundraising page will be created and you will be able to raise funds directly through it.

For more information, visit our website.

It is also possible to make a one-time donation to one of the causes later in the registration process.

○ I would like to raise funds for the Heart to Run program. Donations will be made directly to the selected organization and are non-refundable.

○ No, thank you.

Fundraising settings

Your fundraising goal ($)

`0`

Enter a description or message to your visitors. This will go in the 'My Story...' section.

Select a preferred fundraising organization (1 max)

4

HOW TO JOIN THE RUN WITH HEART PROGRAM DURING DISTANCE REGISTRATION

6 You will then reach the Teams section. Three options are available:

A Do not add this person to a team → To fundraise individually.

B Create a new team → To start your own team and invite others to join.

C Add this person to an existing team → To join a team that has already been created.
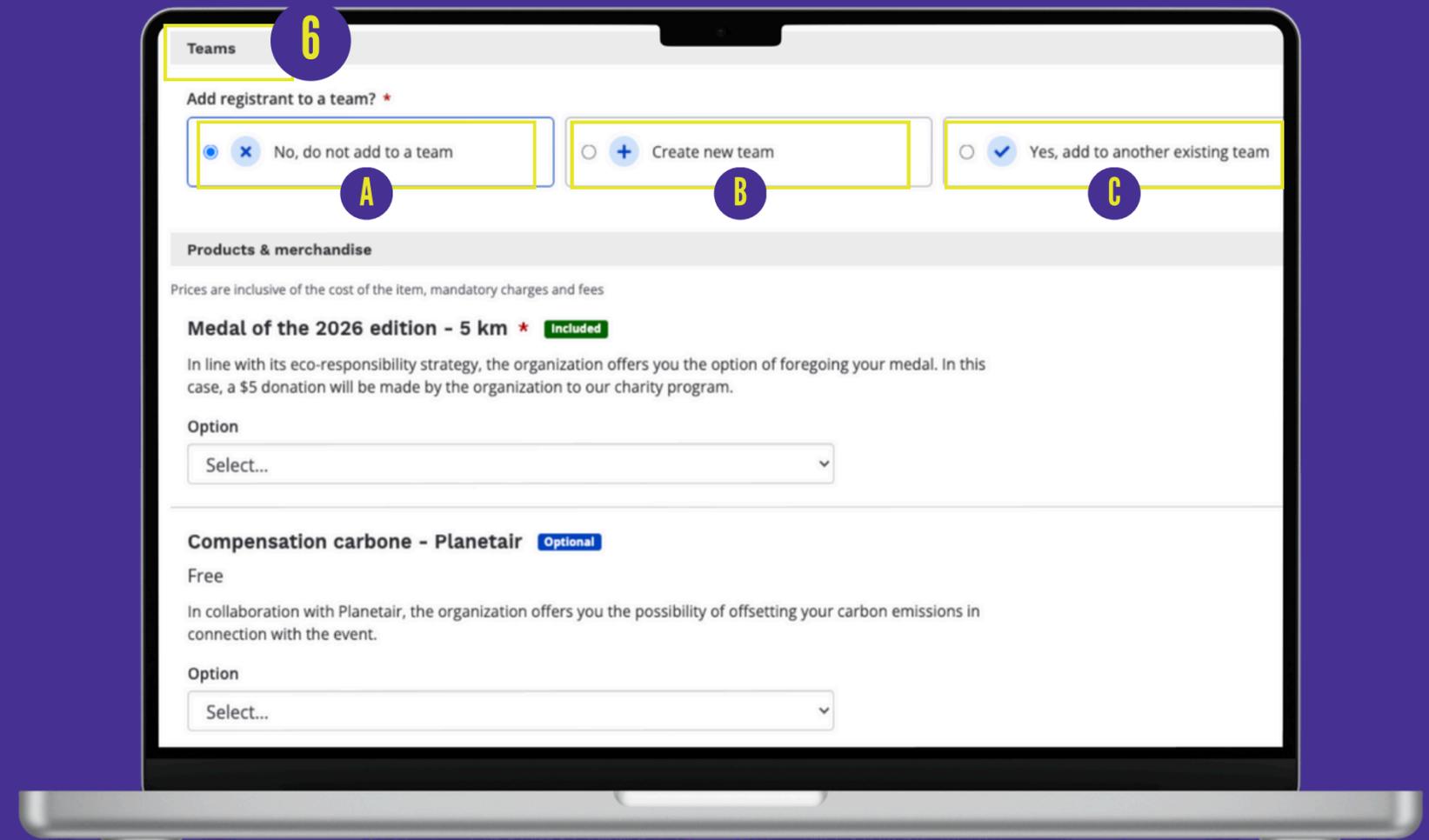
A

FUNDRAISE INDIVIDUALLY

- Simply select Do not add this person to a team

B

CREATE A NEW TEAM *

- Enter the team name and, if needed, create a team code to share with people you wish to invite

*The team cannot be created directly after registration. To create a team, participants must email cause@couronsmtl.

C

ADD THIS PERSON TO AN EXISTING TEAM

- Select the team you want to join from the list

HOW TO JOIN A TEAM AND PARTNER WITH A FOUNDATION AFTER REGISTRATION

1 Log in to your Marathon Beneva de Montréal Race Roster account

2 Click Menu, then select Dashboard

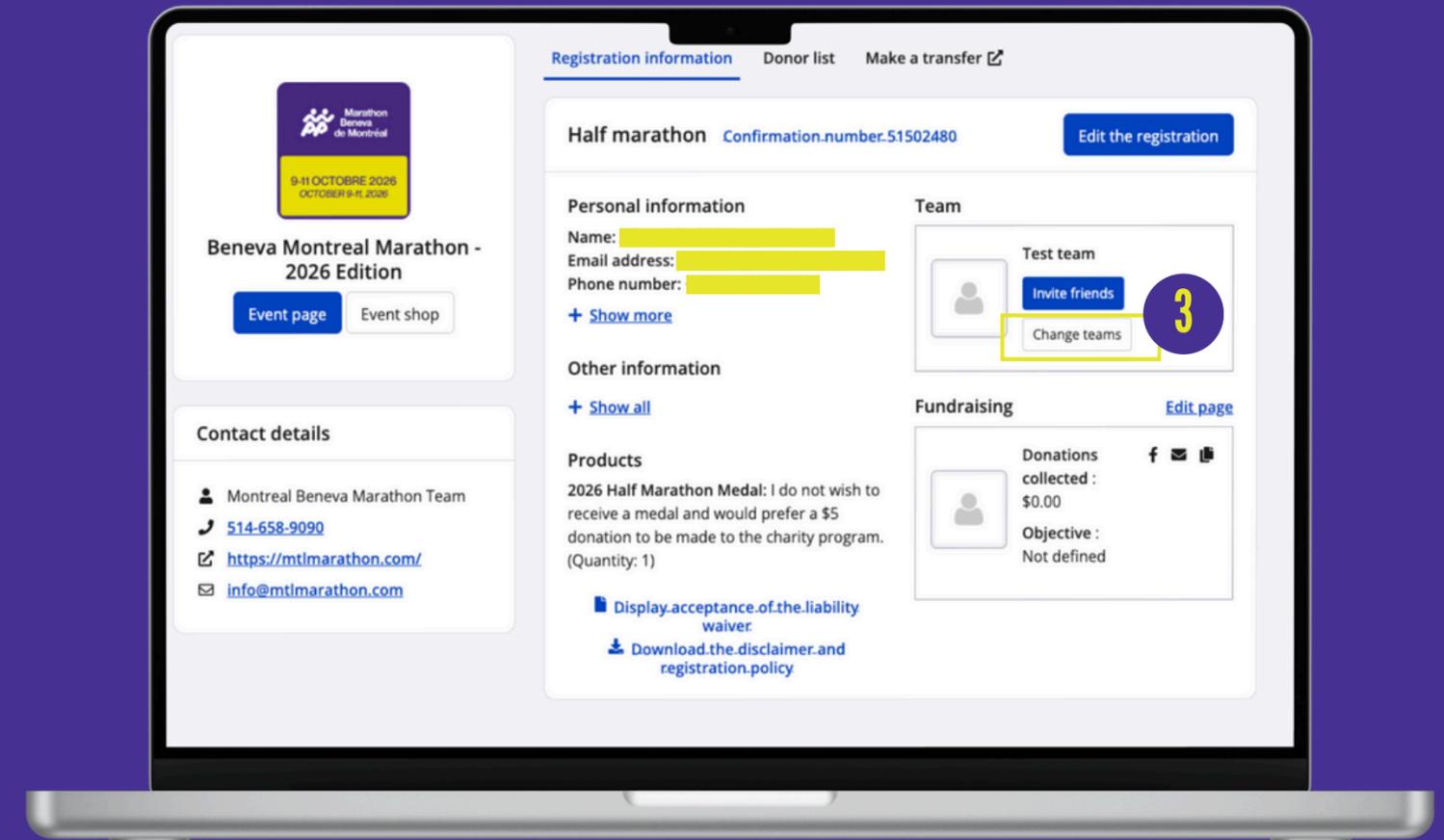# HOW TO JOIN A TEAM AND PARTNER WITH A FOUNDATION AFTER REGISTRATION

TO JOIN A TEAM OR CHANGE TEAMS

3 Click Join Team or Change Team
(on the right side of the screen)

4 Enter the name of the team you wish to join
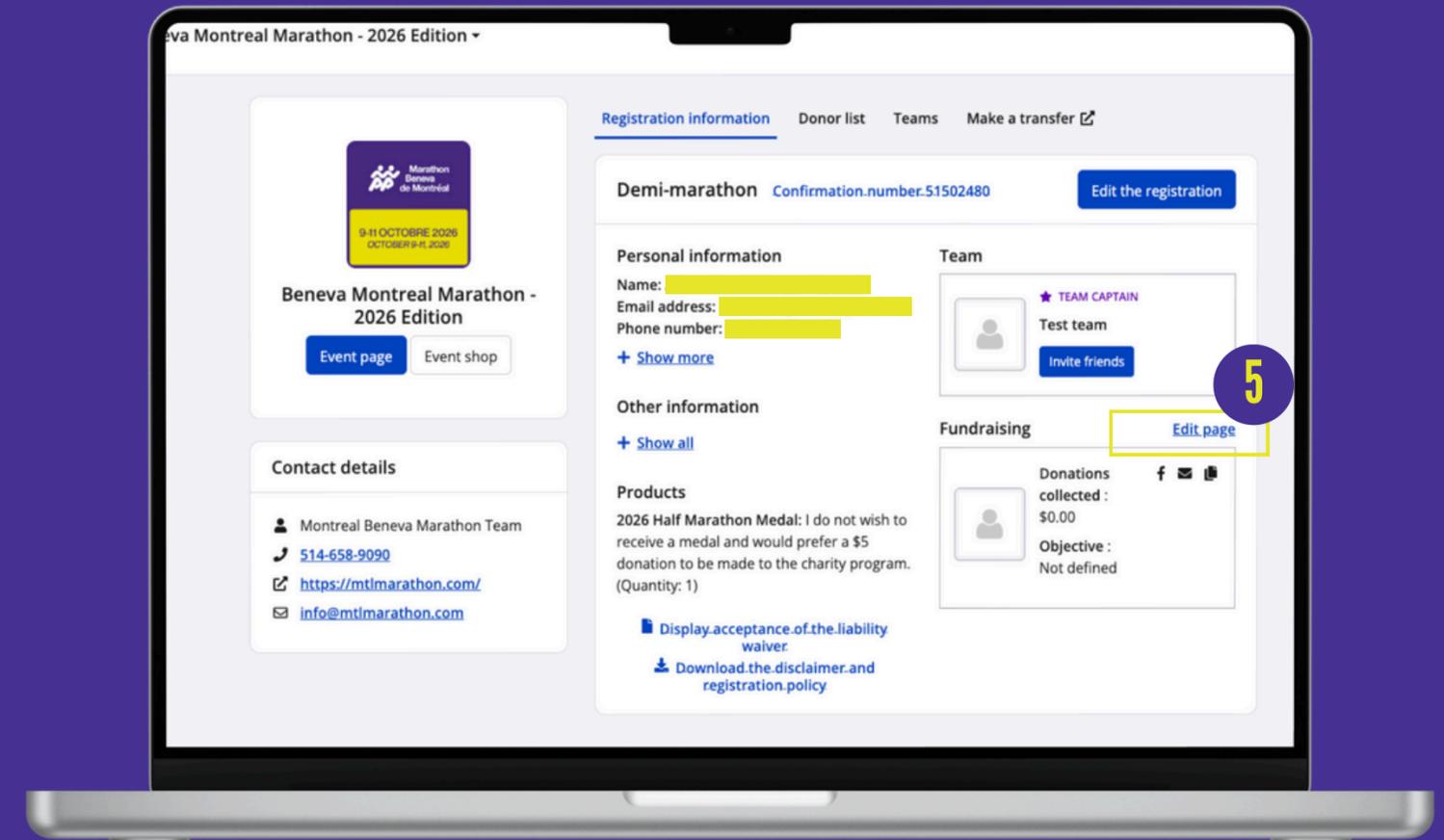and confirm your selection

HOW TO JOIN A TEAM AND PARTNER WITH A FOUNDATION AFTER REGISTRATION

TO FUNDRAISE INDIVIDUALLY (ASSOCIATE WITH A CHARITY)

5 Click Edit Page next to Fundraising; a new page will open
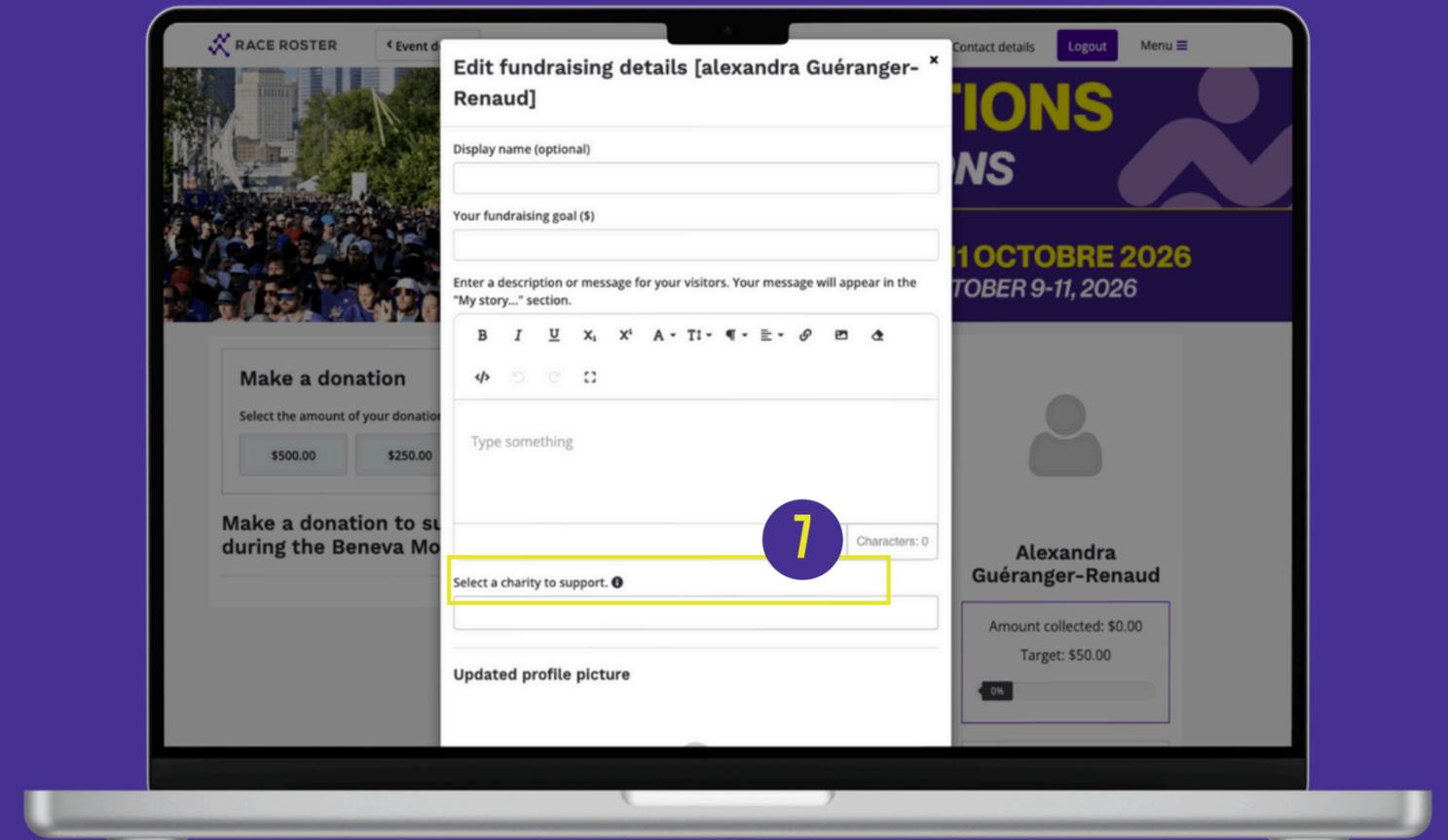
6 Enter the required information

HOW TO JOIN A TEAM AND PARTNER WITH A FOUNDATION AFTER REGISTRATION

TO FUNDRAISE INDIVIDUALLY (ASSOCIATE WITH A CHARITY)

7 Under Select a preferred charity:

- Choose the organization you wish to support

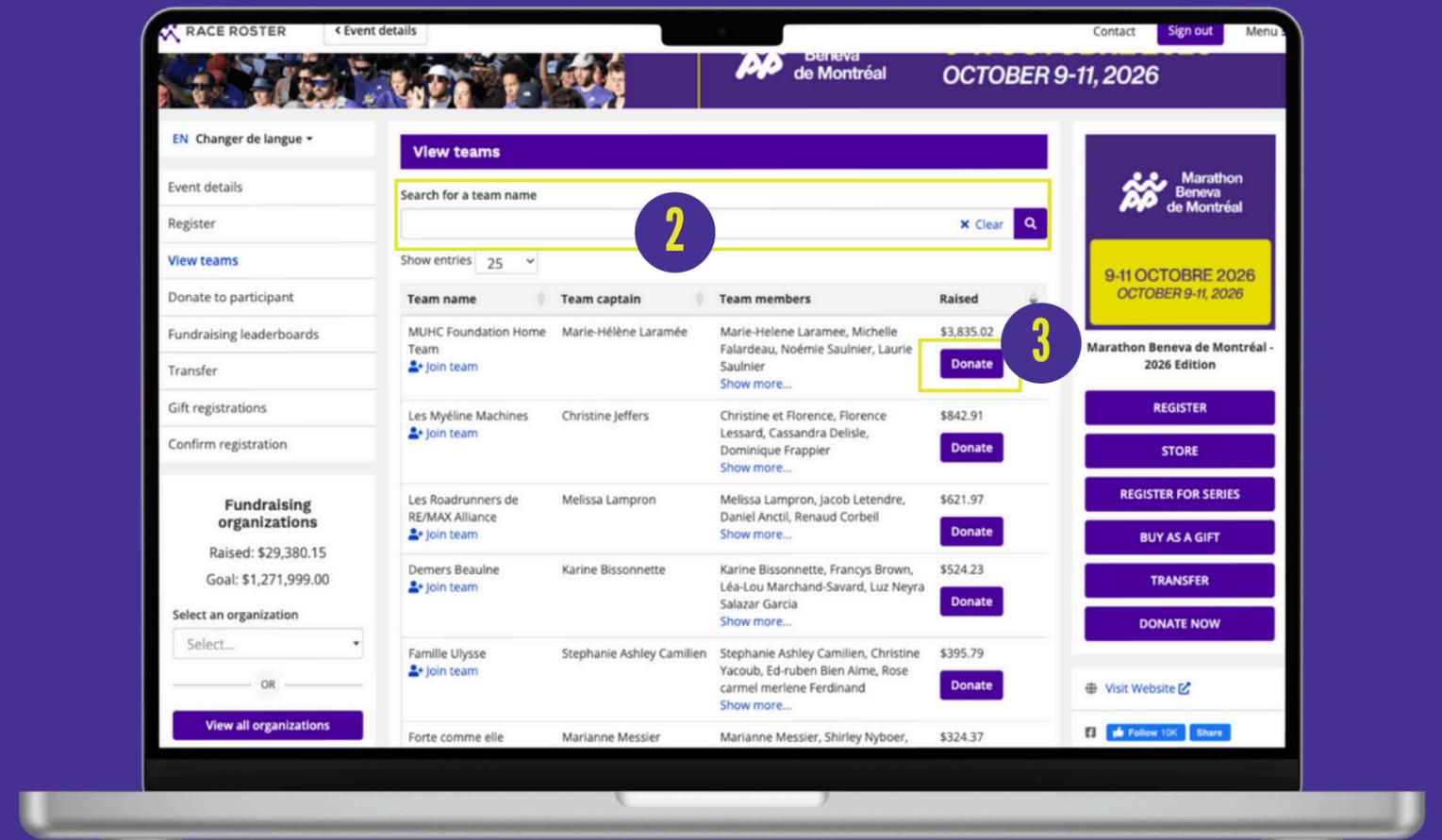- Adjust your fundraising goal and description, if needed

YOU ALREADY HAVE A TEAM, BUT IT'S NOT YET LINKED TO A CHARITY*

*Only the team captain can perform this action.

1 Go to View Teams on the event page

2 Enter your team name in the Search team name field

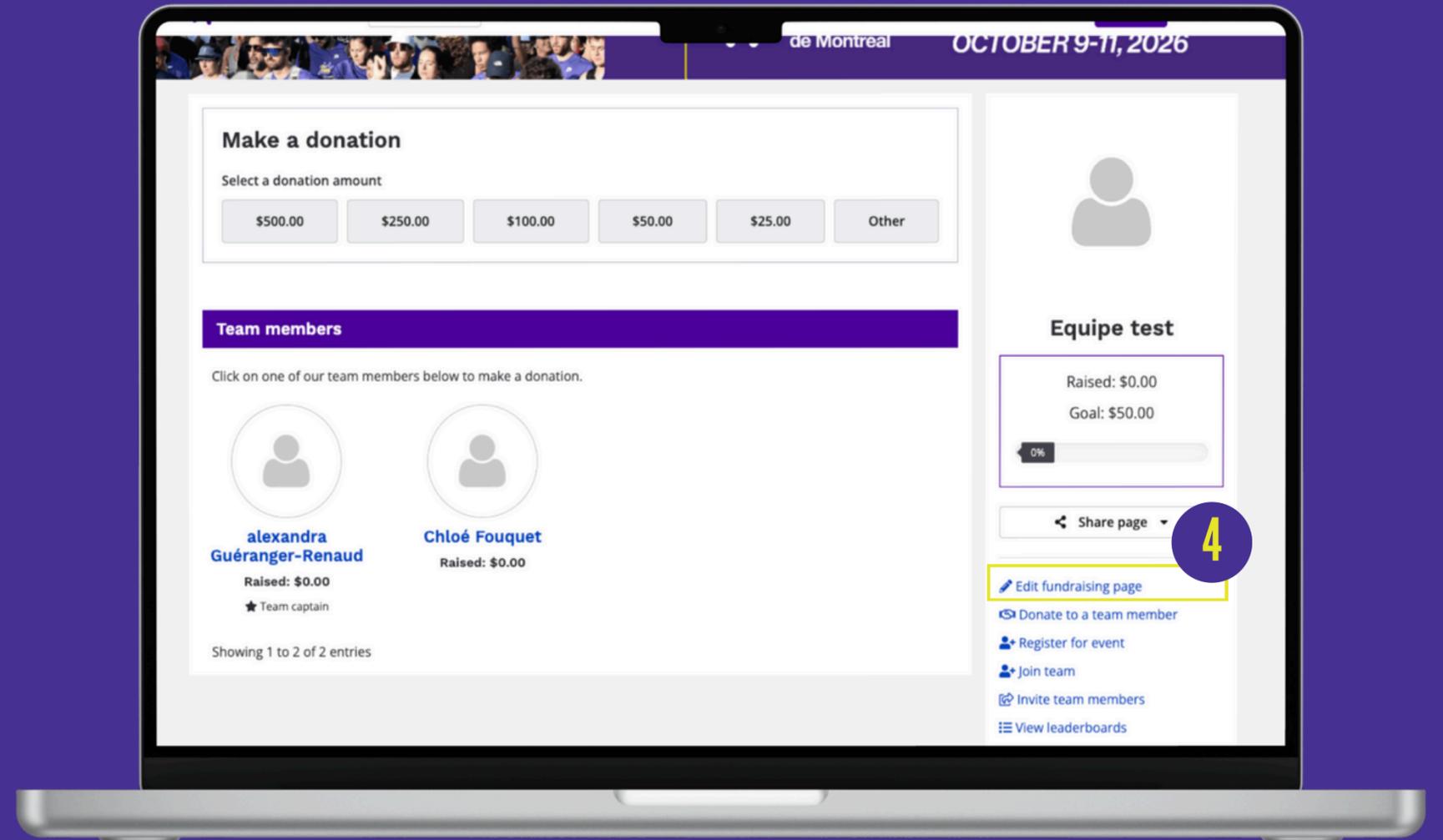**3** Click Donate; a new page will open

YOU ALREADY HAVE A TEAM, BUT IT'S NOT YET LINKED TO A CHARITY*

*Only the team captain can perform this action.

4 Click Edit Fundraising Page

YOU ALREADY HAVE A TEAM, BUT IT'S NOT YET LINKED TO A CHARITY*

*Only the team captain can perform this action.

5 Under Select a preferred charity:

- Choose the organization you wish to support

- Adjust your fundraising goal and description, if needed