



PRESS RELEASE | For Immediate Release

21K Nespresso de Montréal: 10,500 participants gather to kick off the running season *A successful 22nd edition for the event!*

Montreal, April 19, 2026 – The 22nd edition of the [21K Nespresso de Montréal](#) delivered a memorable weekend for its 10,500 participants, officially kicking off the running season in Quebec. The event was presented for the first time over two full days, and the strong enthusiasm for it confirmed its status as a flagship event in the city’s sporting calendar.

“We are extremely proud of the success of this 22nd edition, which got the season off to an outstanding start. Expanding the event to two days enabled us to welcome more runners and improve the programme overall. Despite a slow-arriving spring, we can clearly say this was a winning decision, with more than 10,500 registrations, including 4,500 half-marathon runners. The entire team is now enthusiastically turning its focus to preparations for the Marathon Beneva de Montréal, taking place in October. Lace up & run, no excuses!” said **Alex Rathé, General Manager of Courons MTL**.

“As the title partner, we are very proud to have been part of an event that celebrates performance and the joy of pushing oneself. For many athletes, the day starts with coffee, so we were delighted to support the runners with our Coffee+ range of functional coffees, from their morning routine all the way to the finish line. Congratulations to all participants, and thank you to the volunteers and organisers for making this such a memorable edition,” said **Fred Pasquier, Vice President of Marketing at Nespresso Canada**.

Comedian and the event’s new ambassador, [Michelle Desrochers](#), was also charmed by the event’s welcoming and community-driven atmosphere: “I loved cheering on the runners, whether they were the first to cross the finish line or were at the back of the pack. For me, running is about enjoyment and having fun together — and of course pushing yourself — and that’s exactly what I saw this weekend,” she said. “I can confirm that I’ll be at the Marathon Beneva de Montréal this October to run the half marathon. Come and cheer me on! I’ll be the one with the red face and messy hair!”

Beyond the race itself, the [Charity Challenge](#) brought together more than 51 organisations, raising collectively more than \$650,000, which reflects the strong community engagement surrounding the event. The organisation also extends its heartfelt thanks to its entire team as well as to the volunteers, whose dedication played a key role in the success of this 22nd edition.

Results

All results are available on the official Courons MTL app, available on the [App Store](#) et [Google Play](#).

- **Best from Québec (women)** : Anne-Marie Comeau, Saint-Ferréol-les-Neiges (01:12:13)
- **Best from Québec (men)**: Jonathan Tedeschi, Québec (01:06:43.29)

On the Road to the Marathon Beneva de Montréal

With the 21K Nespresso de Montréal coming to a close, [Courons MTL](#) is shifting its full focus to the preparations for the [Marathon Beneva de Montréal](#), which will take place in Parc Maisonneuve. Due to the Montréal 2026 UCI Road World Championships taking place in September, the event will now be held from October 9 to 11. The following events will be featured:

- **Friday, October 9** : MILE ON
- **Saturday, October 10** : 10 km Quebec Breast Cancer Foundation, 5 km Sports Experts, 1 km kids' race
- **Sunday, October 11** :marathon, half-marathon Shop Santé

ABOUT

COURONS MTL

[Courons MTL](#) was created from a desire and a vision: to make every race event a destination of choice for runners from all over the world, and to bring the community together through large-scale events. Founded by a group of entrepreneurs and enthusiasts, the organization aims to be the benchmark for running in Québec's metropolis. Courons MTL has been the producer of the [Marathon Beneva de Montréal](#) since 2020 and of the [21K Nespresso de Montréal](#) since 2024.

GROUPE TONIC

The Groupe Tonic organizes and produces high-impact sporting events that generate emotions, aiming to foster connections between enthusiasts, elite athletes and the public, while showcasing Quebec and Canada on the international stage. Among its flagship events are the Grands Prix Cyclistes de Québec et de Montréal, the Marathon Beneva de Montréal, the 21K Nespresso de Montréal, the Championnats du Monde Route UCI Montréal 2026, as well as the Montréal Beach Pro Tour, a Canadian stop on the prestigious world beach volleyball circuit. With this initiative, Groupe Tonic reinforces its commitment to diversifying Montreal's sporting event offerings with the intention of showcasing the metropolis on the international stage.

NESTLÉ NESPRESSO SA

Nestlé Nespresso SA is a pioneer and is widely regarded as one of the top references in the field of high-quality portioned coffee. The company works with more than 168,550 farmers in 18 countries through its AAA Sustainable Quality™ Program to embed sustainability practices on farms and the surrounding landscapes. Launched in 2003 in collaboration with the NGO Rainforest Alliance, the program helps to improve the yield and quality of harvests, ensuring a sustainable supply of high-quality coffee and improving livelihoods of farmers and their communities.

In 2022, Nespresso achieved B Corp™ certification – joining an international movement of over 9,700 purpose-led businesses that meet B Corp's high standards of social and environmental responsibility and transparency. Headquartered in Vevey, Switzerland, Nespresso operates in 96 markets and has over 14'000 employees. In 2024, it operated a global retail network of 818 boutiques. For more information, visit the Nespresso corporate website: www.nestle-nespresso.com. | IG: [@nespresso.ca](https://www.instagram.com/nespresso.ca)

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